



Wellness Screening Confirmation Form 2026

To qualify for discounted premiums in 2027, employee (or employee plus spouse) must complete blood draw and physical by November 25, 2026. Dependent children do not need to complete.

Form must be returned to Human Resources by November 25, 2026.*

Please print clearly and return form to Human Resources

Employee Name: _____

Patient Name: _____

Physician Name: _____

Physician Phone: _____

2026 Screening Date(s)

I certify the following screenings were performed on the dates listed:

___/___/___ Annual Physical/Wellness Exam

___/___/___ Lipid Profile or Total and HDL Cholesterol; Glucose and A1C

Signature of Physician or Nurse

Date

For questions regarding Wellness, please contact Human Resources at hrhelpdesk@sd1.org.

***Failure to complete your blood draw and annual physical and return the form by the deadline will result in substantially higher premiums in 2027. See 2026 Benefits Overview for further details.**