



SonicBoomWellness™ | Premise Health.



# Get Rewarded for Staying Healthy!

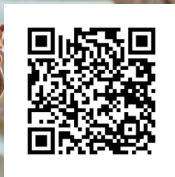
*On June 1, 2026, the Kenton County incentive program will begin! Log in to your My Premise Health portal and click the Sonic Boom Wellness rocket ship icon to see an updated rewards page.*

*Employees and Spouses will need to complete the Biometric Screening, Provider Wellness review, and Annual Physical Exam by December 11, 2026 at one of the 3 Northern Kentucky Health Center locations to receive the 2027 medical premium discount!*

**Florence Health & Wellness Center**  
8100 Ewing Blvd  
Florence, KY 41042

**CTK Health & Wellness Center**  
1840 Simon Kenton Way  
Covington, KY 41011

**Madison Pike Health & Wellness Center**  
1045 Eaton Drive  
Ft. Wright, Ky 41017



**Schedule your appointment to get started.**

**My Premise Health app | [mypremisehealth.com](https://mypremisehealth.com)**

Once logged in, click "Schedule an appointment" and select "Biometric Screening." (877) 685-5883