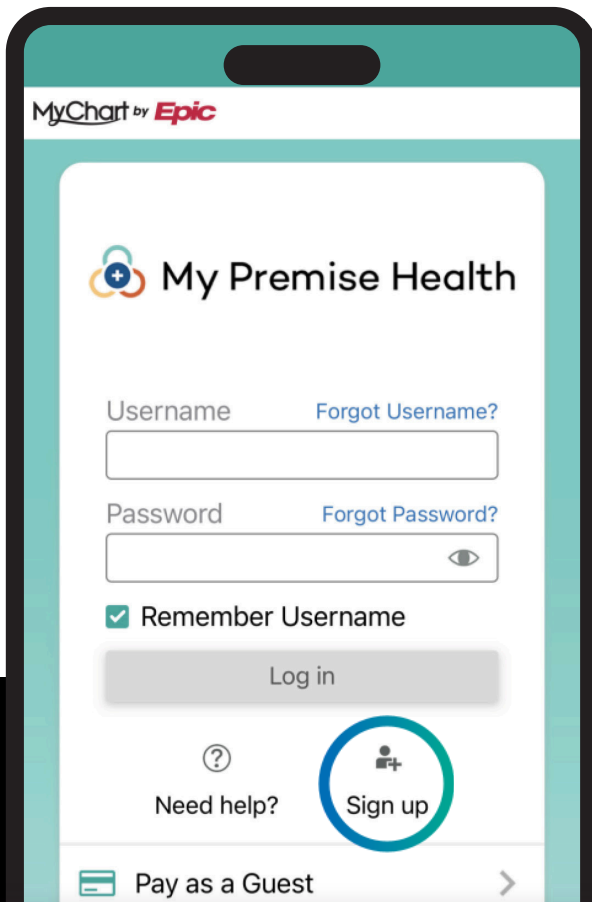




Sign up and get started in minutes.

Meet **My Premise Health**, your secure member portal. It helps you schedule appointments, message your provider, view lab results and so much more. Everything you need is in one place – now that’s convenient.



Follow these steps:



Open the My Premise Health app or visit mypremisehealth.com and select **“Sign Up.”**



To begin the process, complete the required fields on the **activation page** or select **“Sign up online.”** You’ll be asked to confirm your identity through a third-party verification system.



Secure your account by setting up two factor authentication. Select **“Get Started”** and enter your contact information. Continue, and enter the one-time security code you received via text or email, then select, **“Verify.”**



Create a unique username and password for your member portal. Enter your date of birth and email address, then click, **“Submit.”**



Read the terms of service and select, **“Accept.”**



Your account activation is now complete!



Get started today.

Sign up for your account on the **My Premise Health** app or online at mypremisehealth.com.



Need help?

We may need to send you an activation link to get started. For assistance, contact your wellness center at (877) 685-5884 or visit mypremisehealth.com to contact support.



Sterling Heights
Wellness Center

