Reach your weight goals with the support that suits your needs.

When you have a goal to lose weight, you have a team who's there for you.

With Beyond Weight, you'll get support from providers who approach your unique needs with compassion, understanding and personalized guidance. Here's what you need to know as you get started:

- Schedule a visit with your provider by calling your center or signing on to your My Premise Health account.

  **If you are participating in Virtual Beyond Weight, call your dedicated wellness center number to schedule an appointment.*

- Meet with your provider for an overall assessment.
- Once you've met with your provider, you can schedule follow-up visits with a dietitian, wellness coach or other member of your care team.

Schedule an appointment with your provider to get started.

My Premise Health app | mypremisehealth.com

Who can use these services?

All employees and dependents on the health plan are eligible to utilize the health center services

Calhoun County Health and Wellness
34 Green Street, Battle Creek, MI 49014
Monday - Thursday 7am - 7pm
Friday 7am - 5pm
Saturday 9am - 3pm
Phone: 269.743.3315

Calhoun County Health and Wellness Center
Operated by Premise Health.

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