

Premise Health®



Meet your Care Team

CTK Health and Wellness Center Team



Monica Sullivan, MD

Monica was born in Cleveland and raised in Zanesville Ohio. She went to college at Kent State University and Medical School at The University of Cincinnati College of Medicine where she discovered her passion for Family Medicine. She delights in being part of the journey with her patients and finding true joy in taking part in their care, treating the human first not the disease. She lives in the Cincinnati area with her husband for nearly 20 years, and two teenage children keeping her busy and are the center of her universe.



Chris Giese, MA

Chris was born and raised in Union KY. She is an animal-loving farm girl at heart. Summer is her season where you will find her by the pool, beach or on a cruise when she can. When not by the water you will find her enjoying digging in the garden, reading or listening to audio books or spending a night with my friends playing games.

Chris worked with Dr Sullivan for 4 years and for her directly for over a year and was heartbroken to learn that she was leaving. So, imagine her surprise when she found out that she had mentioned her to this great company and wanted her to come with her. So, follow she did and now she is off on another adventure.

CTK Health and Wellness Center



Leslie Archibald, NP

Leslie is a board-certified Family Nurse Practitioner with 12 years of diverse experience in emergency care, preoperative services, and retail health. She earned her BSN from the University of Cincinnati and her MSN-FNP from Sacred Heart University. A proud member of the American Association of Nurse Practitioners, Leslie provides compassionate, patient-centered care across the lifespan, empowering individuals to manage both acute and chronic conditions with confidence. She values open communication and a holistic approach rooted in kindness and respect.

Outside of work, Leslie enjoys time with loved ones, traveling, rock climbing, and exploring the outdoors. She resides in the Cincinnati area with her husband and two young daughters.



Tennika Binius, LPN

Tennika is a dedicated Licensed Practical Nurse with over seven years of experience. Her nursing journey has spanned multiple settings, including hospital float teams, Long-Term Acute Care (LTAC), and travel nursing during the height of the COVID-19 pandemic. In 2021, she transitioned into a clinical environment, where she discovered her true calling. Since then, she has thrived in this setting and remains deeply passionate about her career in nursing.

Originally from Canton, Ohio, Tennika now resides in the Northern Kentucky/Cincinnati area, a move inspired by her husband's career. She's grateful for the unwavering support of her husband and three children, who have been with her every step of the way. She beams with pride for her beautiful daughter, her precious granddaughter, and her two fabulous sons—one of whom is currently in college.

Tennika is thrilled to be part of Premise Health and looks forward to building strong connections with the team!

Florence Health and Wellness Center Team



Kim Sanders, DO

Kim was born and raised in Steubenville, OH and now resides in Independence, Kentucky. She received her Bachelor of Arts in Microbiology from Miami University and her Osteopathic Medicine degree from the Ohio University Heritage College of Medicine in Athens, OH. She previously worked at St. Elizabeth Hospital and started her own health and wellness practice. She works with patients at Florence Health & Wellness Center. She loves traveling with her family.



Asha Sharma, MD

Asha completed her undergraduate degree in Biology at the University of Western Ontario, earned her medical degree from St. Martinus University, and completed her residency at St. Elizabeth Medical Center. She is board certified by the American Board of Family Medicine and is an active member of both the American Academy of Family Physicians and the Kentucky Academy of Family Physicians. Outside of work, she enjoys traveling, hockey, and exploring many forms of dance – bringing energy and joy into everything she does!



Heather Lamkin, MA

Heather has been a Medical Assistant for the past 20 years always within family practice. She lives northern Kentucky with her husband and two children, Michael & Cheyenne. They all love the outdoors. They own a side by side and love to spend time riding in the mountains.

Madison Pike Health and Wellness Center Team



Maria Burton, MD

Maria has been in family medicine for 25+ years. She has a love for people of all ages and is looking forward to serving the community through her position at Premise Health. She obtained her doctorate in medicine from the University of Louisville School of Medicine, where she also completed her residency in family medicine. She is a northern Kentucky native who resides in south Kenton County with her husband and four children along with their many animals.



Betsy Scott, LPN

Betsy is from Carmel, Indiana and currently lives in Edgewood, Kentucky. She completed her nursing education at J. Everett Light Career Center in Indiana, where she earned her degree as a licensed practical nurse.

PRN Float NP Team



Kim Arlinghaus, NP

Kim joined Premise Health in 2011. She is a board-certified Family Nurse Practitioner. She has 30 years of experience in Healthcare. Kim has experience in family practice, urgent care, and pediatrics. She has 5 boys and enjoys traveling.



Shelley Henderson, NP

Shelley joined Premise Health in 2024. She is Family Nurse Practitioner. She has 19 years of experience in healthcare. She has experience in family practice and urgent care. She has two girls and one boy. Enjoys traveling with her family.



Lisa Wright FNP

Lisa is a Family Nurse Practitioner from the Greater Cincinnati area with over 10 years of experience treating acute and chronic conditions. Lisa is certified in Lifestyle Medicine and has a passion for helping her patients maintain and achieve optimal health. She's a graduate from the University of Cincinnati and in her free time she enjoys listening to podcasts or Audible books, traveling and spending time with friends and family as well as her two Goldendoodles, Gracie & Mia.

PRN Float Nursing Team



Katie Zuziak, RN

Katie is a registered nurse with a background in IT Project Management. Her nursing career began as a CBICU nurse at Christ Hospital, followed by a role as a Care Coordinator with St. Elizabeth and a school nurse for Erlanger Elsmere School District. She currently resides in Northern Kentucky with her husband and three children, along with their black lab Reese. Their oldest son is entering his sophomore year of college, while their younger two will be starting their senior and sophomore years of high school. In her free time, she enjoys reading, being outdoors and traveling.



Kelsey Castiglioni, RN

Graduated Thomas More College, Bachelor of Science in Nursing (BSN) 2015, and was inducted into TMU Volleyball Hall of Fame in 2023 for her performance as an athlete. Kelsey's nursing background is as a Certified Critical Care RN in Pulmonary/Medicine Intensive Care. Kelsey joined our team at Premise in 2022 full-time at our CTK Health and Wellness Center but currently now is working PRN for Premise. She is engaged to wed in early 2025 to her best friend. Together they enjoy traveling, skiing, and are self-proclaimed "foodies" who enjoy trying new local restaurants in the area. When home she enjoys spending time with her four-legged fur babies.

Operational Leadership Team



Debbie Stall, Director of Client Operations

Debbie is an experienced nurse with a background in emergency nursing and customer service. She obtained her Bachelor of Science in Nursing through Ohio State and Med Central College of Nursing beginning her career in emergency nursing in rural central Ohio. She later transitioned to primary care and occupational health when joining Premise Health in 2012 allowing her the opportunity to incorporate her customer service background to directly connect with patients, clients and brokers with both knowledge and compassion. For fun, Debbie enjoys traveling with her family, spending time with her precious grand children and canning/preserving during harvest time.



Melissa Martin, Group Health Center Manager

Melissa Martin is an experienced nurse with her background being in hospital care, primary care, and customer service. Prior to becoming a nurse, she had worked as an ER/Outpatient clerk and as a receptionist at a primary care office. After graduating from nursing school, she went to work at a small hospital in Maysville, Ky working primarily on the Med/Surg and OB/GYN units. Then the hospital started recruiting to bring family medicine doctors to the area and Melissa was given the opportunity to return to primary care. Melissa then took on the responsibility of opening a health center from the ground up for the first time. After meeting and marrying her husband, Melissa relocated to the Northern Kentucky area and returned to the hospital setting. Then in 2013 she joined the Premise Health team and opened the Florence Health and Wellness Center as the onsite nurse. For the past 5 years Melissa has been in the role of Group Health Center Manager and oversees the daily operations of all four of the centers in the collaborative. In her free time, she enjoys traveling and spending time with her family.