

2025 Outside Provider Form

PARTICIPANT INSTRUCTIONS:

If you choose to utilize an outside provider for your blood work and follow up review, the following document must be completed and returned to the NOVEC Health & Wellness Center **by 12/15/25**.

Please have your outside medical provider complete this form fully for you to be compliant with NOVEC's 2025 wellness program

Step 1 - Schedule/Complete an appointment with your Primary Care Provider (PCP) for lab work (labs chosen by your outside provider) and follow up review **before 12/15/25**.

Step 2 - Review your lab results with your PCP **before 12/15/25**

Step 3 – This form **MUST** be **COMPLETED and RETURNED** to the NOVEC Health & Wellness Center located at 10432 Balls Ford Road Suite 224, Manassas, VA 20109

- **Please fax this completed form to the health center at 703-890-8689 before December 15, 2025**
- **If this form is not received by the NOVEC Health & Wellness Center by the specified date, you will NOT avoid the 2026 surcharge.**

*PATIENT INFORMATION

Patient's Last Name: _____ Patient's First Name: _____ *Gender: ____
Patient's Phone #: () - _____ Patient's DOB: ____/____/____

PROVIDER REQUIRED DOCUMENTATION & SIGNATURES

Employees of NOVEC can save money on their healthcare costs by participating in wellness activities that include completing a Biometric Screening and reviewing the results with their primary care provider. Upon review with the patient, please complete the bottom portion of this form.

As the Healthcare provider for the above-mentioned patient, by signing below I certify that I have reviewed this patient's lab results and discussed the benefit of choosing to engage in a wellness plan of care moving forward either under my supervision or through the resources offered through the NOVEC Health and Wellness Center.

Date of AHA Blood Draw _____

Must occur between - 01/01/2025– 12/15/2025

Date of Review of Blood Work _____

Provider Name (print) _____

Provider Signature _____

Medical Office Phone Number _____