# PHYSICAL THERAPY SERVICES

Get care that is specific to your goals, your body, and your lifestyle



## NO REFERRAL PHYSICAL THERAPY

- Manage pain and avoid surgery
- Post-Surgery plans
- Get back to the activities you love, like gardening or pickleball
- Improve fitness and movement
- And so much more!

### WHAT MAKES US DIFFERENT?

- We can get you in quick!
- One-on-one appointments
- \$5 copay, including all specialty services, with VS&Co. insurance
- Holistic, individualized approach
- Located on campus in the front lobby of DC5

#### **NEW SERVICES NOW AVAILABLE**

#### DRY NEEDLING

#### **BLOOD FLOW RESTRICTION**

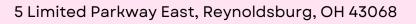
#### POST-WORKOUT RECOVERY

CUPPING



## PHYSICAL THERAPY HOURS

Monday - Thursday Saturday and Sunday 8:00 - 5:00 pm CLOSED



or download our MyPremiseHealth app