



Don't skip your physical.

As your health ally, we encourage you to see your provider when you feel well, rather than just when you're sick. An annual physical is your opportunity to get a clear picture of your health, build a relationship with your provider and avoid preventable health issues.

During your physical, your provider will:

- Review your health history and identify any potential issues
- Check your vital signs and perform a physical exam
- Update your vaccinations if needed
- Test your cholesterol, blood glucose and kidney and liver function
- Perform any age-appropriate cancer screenings



Schedule your yearly checkup.

My Premise Health app

mypremisehealth.com

Who can use these services?

Eligibility statement:

Taylor County Employee Health Center
400 Oak Street, Suite 104, Abilene, TX 79602
Mondays: 8:00am - 11:00am, Noon - 4:00pm
Tuesdays: Noon - 5:00pm
Wednesdays: 8:00am - 11:30am, 12:30pm - 3:30pm
Thursdays: 11:00am - 5:00pm
Fridays: 8:00am - 11:30am
(325) 480-0013

