

Frequently Asked Questions

What is the Family Wellness Center?

The Family Wellness Center is an onsite medical facility operated by Premise Health. The providers focus on personalized and preventive care to support your long-term health.

What is Premise Health?

Premise Health is a provider of in-person and virtual healthcare for the world's leading organizations. Premise will manage and operate the Family Wellness Center.

What is a member?

Members are what we call our patients who are eligible to use a wellness center operated by Premise Health. It's not a membership that you have to pay for or apply to be a part of.

Where is the center located?

The Family Wellness Center is conveniently located onsite at 3900 E Holland Rd., Suite 101, Saginaw, MI 48601.

What services are provided at the center?

- Primary and sick care
- Annual and sports physicals
- Preventive exams
- Lab services
- Vaccinations
- Women's health
- Pediatric care (2+)
- Condition management
- Biometric screenings (measurements of body mass index, blood pressure, cholesterol levels and blood sugar)
- And more

Who can use the center?

The FWC will be dedicated to Nexteer employees and their dependents (ages 2 and up) who are enrolled in the Nexteer medical plan. The FWC is not open to the public.

What does it cost?

Services are available at no cost to all Nexteer employees and their family members enrolled in a Nexteer PPO/EPO medical plan. If you are on a High-Deductible Health Plan (HDHP), preventive care is available at no cost. For sick visits, those on a HDHP pay \$25 per sick visit until your deductible is met, then \$5 per visit after that.

Frequently Asked Questions

What are the center's hours?

Monday, 8 a.m. – 5 p.m.

Tuesday and Thursday, 9 a.m. – 6 p.m.

Wednesday and Friday, 7 a.m. – 4 p.m.

Is the center operated by Nexteer Automotive employees?

No, the center is staffed and operated by Premise Health. It is managed just like any other licensed medical office in the community.

What type of medical staff work at the center?

Premise Health has recruited a high-quality team of dedicated healthcare professionals to staff and manage your wellness center. The team includes a Nurse Practitioner, health center manager, RN, Medical Assistant, receptionist and collaborative physician.

Can my medical records be shared between the center and my primary care provider (PCP)?

You can request that your PCP share your records with the Family Wellness Center by completing your provider's record sharing process. Additionally, you may request for Premise Health to share your records with your PCP or specialist.

Am I required to use the Family Wellness Center?

While where you receive care is a personal choice, we hope you'll consider trusting us with your overall wellbeing, much like Nexteer Automotive has trusted us as a partner in health. We'd love to see you soon!

How do I make an appointment?

To schedule an appointment, you can call the Family Wellness Center directly at (989) 757-9960 or make an appointment on your patient portal, My Premise Health. Download the My Premise Health app, or visit mypremisehealth.com to register for a portal account and schedule an appointment.

What is My Premise Health?

My Premise Health is a secure online and mobile tool that connects you with your healthcare experience by providing easy online appointment scheduling, virtual visits, access to securely message your providers, health records, visit history, test results and more.

