



Life is busy, and managing your healthcare shouldn't be another thing you have to worry about.

That's why your wellness center offers My Premise Health, a website and app where you can access all your medical needs in one place. Whether you're at home or on the go, you can schedule appointments, directly message your provider, manage your medications and more.



Sign up today.

Sign in or click "Sign up now" to create your account.

My Premise Health app | mypremisehealth.com

Who can use these services?

Services are available to all employees, spouses, dependents (age 2 and up) on the insurance plan.

1111 Lucerne Terrace Orlando, FL 32806 Monday 7 a.m. -12 p.m. Thursday 7 a.m. - 1 p.m. Lab hours Mon & Thurs 7:30 a.m. -9:00 a.m. (407) 269-8531

McCoy Federal Credit Union Employee Health Center



