

Your health matters.

Through The Wellness Center, you have access to providers dedicated to your unique needs. Your care team provides a personal experience and lends a compassionate ear, all while keeping your private information secure.

Schedule an appointment with your provider to discuss your healthcare needs and goals.



We offer you high-quality and convenient care.

The Wellness Center is here to help you get, stay and be well with a wide range of services, such as:

- Preventive screenings
- Sick visit care
- Wellness coaching
- Condition management
- Nutrition and weight management
- Stress management
- Sleep health
- Vaccinations
- Travel medicine
- Biometric screenings
- Lab services
- Occupational health

Ask us about your care.

Who can use these services?

All Lockheed Martin employees may use the Wellness Center, regardless of medical plan.

The Wellness Center
Operated by **Premise Health.**



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