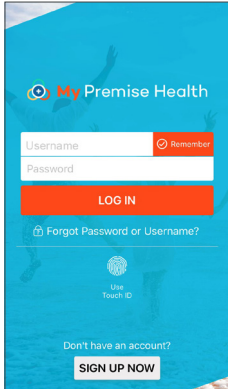


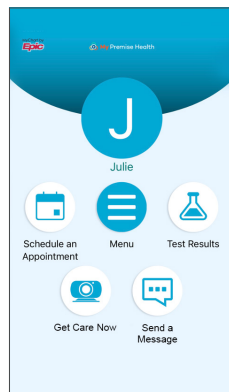
How to schedule an appointment at Humana Health & Well-being Center.

Follow these steps to schedule your appointment using the My Premise Health app or online at mypremisehealth.com.

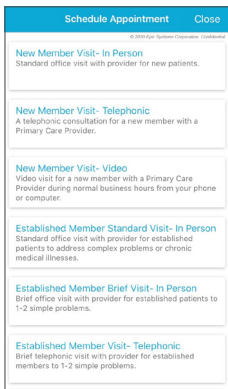


1 Log in to your My Premise Health account with your username and password. Associates can create one using the "Sign Up Now" option. Spouses and dependents, please refer to FAQ.

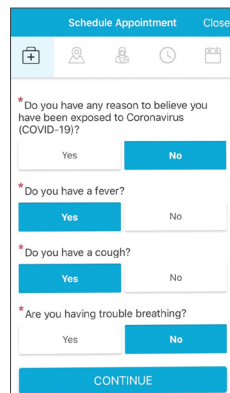
For support, email mypremisehealthsupport@mypremisehealth.com or visit mypremisehealth.com and click "Contact Support" for assistance.



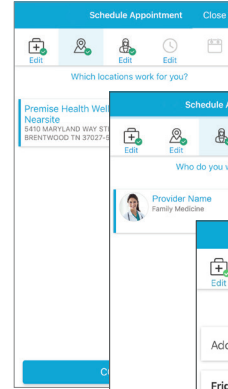
2 In the dashboard, select "Schedule an Appointment."



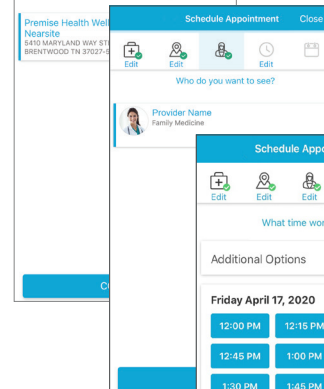
3 Select your desired appointment type from the available options.



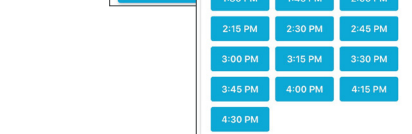
4 Answer all coronavirus questions and any additional questions that correspond to your visit.



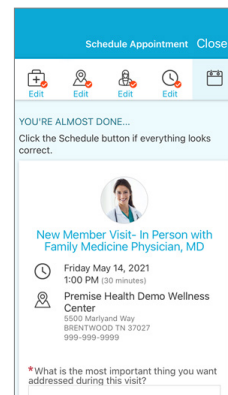
5 Choose your location.



6 Choose a provider.



7 Select a preferred date and time for your visit.



8 Confirm appointment details. In the specified box, please provide any information you'd like your provider to know, such as questions or symptoms you may have. If this is your first time scheduling through the portal, you may be prompted to verify personal information before confirming appointment details.

9 Your appointment is confirmed. Plan to arrive at Humana Health & Well-being Center at your scheduled time. eCheck-In is not required for in-person appointments, but you may complete the process if you would like.

