



WHO IS ELIGIBLE?

- ✓ Fulltime Hanesbrands associates who work in Forsyth County
- ✓ Spouses and children of eligible associates (**must** be enrolled in a HanesBrands medical plan)
- ✓ Children must be over the age of 10

HOURS OF OPERATION:

Monday, Wednesday, Friday: 7am - 6pm
 Tuesday, Thursday: 8 am - 5pm

SOME OF THE SERVICES THE WELLNESS CENTER OFFERS:

| ON-SITE SERVICES | WELLNESS SCREENINGS |
|---|--|
| <ul style="list-style-type: none"> • Preventive health and physical exams • Personalized medical consultation for high-risk conditions • Urgent care (migraine headaches, contusions, respiratory infections, pink eye, sprains and strains) • Vaccinations/allergy shots/immunizations/international travel medicine • Health promotion and awareness | <ul style="list-style-type: none"> • Blood pressure checks • Cancer screenings • Well woman exams • Cholesterol screening • Diabetes screening • Lab work and other diagnostic screenings and tests |
| TREATMENT FOR COMMON ILLNESSES | CARE MANAGEMENT |
| <ul style="list-style-type: none"> • Colds/coughs/flu/bronchitis • Eye/ear/nose and throat infections • Sinus infections/sinusitis • Abdominal pain/stomach ache • Allergies • Nausea/vomiting/diarrhea • Rashes/skin conditions (minor) • Urinary tract/bladder infections • Nose bleed | <ul style="list-style-type: none"> • Care coordination with your existing doctor or specialist in the community • Chronic health condition management • Health coaching • Laboratory services • Lifestyle risk factor counseling • Prescription management, including writing new prescriptions and electronic prescribing |

ALL CARE AT THE WELLNESS CENTER IS COMPLETELY FREE!

You **must** make an appointment to be seen at the Wellness Center. You can call 336.519.6445 or visit the My Premise Health portal at mypremisehealth.com to schedule an appointment.



Sponsored By:
HANES Brands Inc