



# Your health in the palm of your hand



**Life is busy, and managing your healthcare shouldn't be another thing you have to worry about.**

That's why your wellness center offers My Premise Health, a website and app where you can access all your medical needs in one place. Whether you're at home or on the go, you can schedule appointments, directly message your provider, manage your medications and more.



**Sign up today.**

Sign in or click "Sign up now" to create your account.  
My Premise Health app | [mypremisehealth.com](https://mypremisehealth.com)

**City of Ocala Health Center**  
2100 NE 30th Ave., Ocala, FL 34470  
Monday, Thursday 7 a.m. - 5 p.m.  
Tuesday, Wednesday 7 a.m. - 6 p.m.  
Friday 8 a.m. - 5 p.m.  
Closed daily 12 p.m.- 1 p.m.  
Lab hours daily 8 a.m. - 10 a.m.  
(352) 663-9156

#### **Who can use these services?**

Services are available to all employees, dependents, spouses and retirees covered by the city's insurance plan.



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